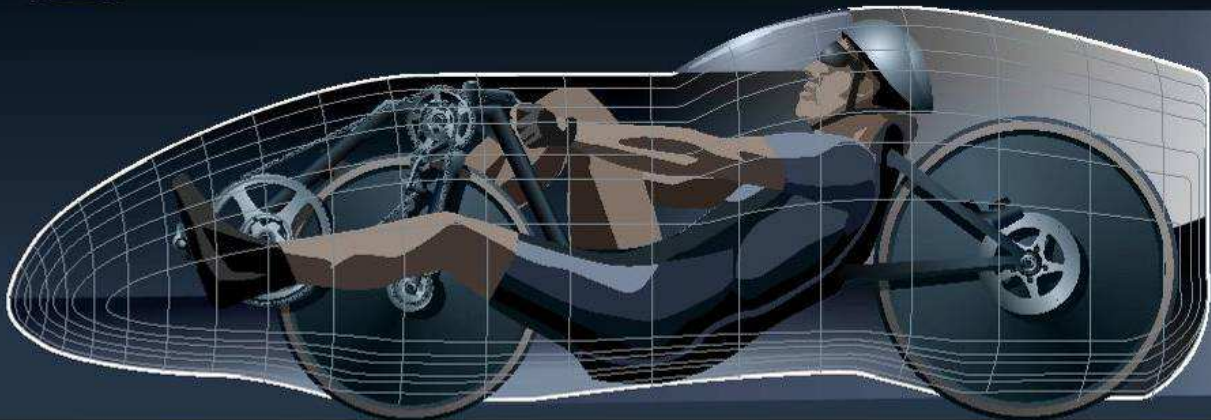




# HUMAN POWERED SPEED CHALLENGE



Friday, Saturday, Sunday July 17-19, 2009 Michigan Proving Grounds, Romeo, Michigan  
World's fastest streamlined recumbent bicycles try for One-Hour and Six Hour world records on the 5-mile (8 km) oval  
General competition for all cyclists including 200-meter sprints, one-hour time trials, 1/4 mile drag races, kilometer race, hill climb, coast-down and road races.

Did you know?...

The world records for human-powered speed are

- 82 mph Top Speed
- 54 mph average speed for One-Hour.

These marks were set by streamlined recumbent bicycles on flat ground, with no drafting, no tailwind.

Come be a witness to history this summer **July 17, 18, 19** at the **Ford Human Powered Speed Challenge** sponsored by the International Human Powered Speed Association (IHPVA) and the Michigan Human Powered Speed Association (MHPVA) and World Recumbent Racing Association (WRRRA). Ultra Marathon Cycling (UMC) rules may also sanction distance events to recognize records. Some of the fastest streamlined recumbents in the world will attempt to better the world records on the five mile oval of the Ford Michigan Proving Grounds.



**World Recumbent  
Racing Association**

Challenge events include:

- One-Hour Time Trial
- 100 km / 100 mile Century
- Six-Hour Time Trial
- 200-meter Top Speed
- Kilometer Standing Start
- 1/4 Mile Drag Races
- Tricycle Race
- Hill Coast-Down Event



All cyclists welcome, regular bicycles, time trialists, recumbents.  
Try for your personal bests.

Location: 74240 Fisher Rd, Romeo, MI 48065  
Please call or email for advance registration to this event.  
<http://www.recumbents.com/wisil/fordchallenge2009>  
Contact: Mike Mowett, [mowett@aol.com](mailto:mowett@aol.com), 586-863-3902